

Girls Art Therapy Group



This group is great for girls (ages 7–9) who have siblings with chronic medical conditions

This Summer 2017

Every-Other Wednesday from 1:00-2:15 PM

Dates: June 28, July 12, July 26 & August 9

Location: North Central Austin (Mopac/183)

Facilitator: Ruth Airhart, MA, LPC-AT/S, ATR-BC

Cost: \$30 session; Some Insurance may be accepted (BCBS, Medicaid, CHIP)

Goals for this group: Provide a chance for your daughter to connect with peers who share similar life experiences; relieve stress, anxiety and/or depression; build self-esteem and assertive communication skills... and have fun too!

Make art that you can bring home!

One individual session is required for admission to the group, if a new patient with Airhart Therapy.

Please contact me to learn more!

Ruth Airhart, MA, LPC-AT/S, ATR-BC
Art Therapist, Registered and Board Certified
Licensed Professional Counselor
8400 North Mopac Expwy, Ste. 302
Austin, TX 78759

www.airhart-therapy.com

ruth@airhart-therapy.com

[512-569-9330](tel:512-569-9330)

